

EMPOWERING SENIORS TO SHARE AND SERVE



Our programmes are inclusive, serve beneficiaries with diverse profiles, and create purposeful volunteering journeys for our seniors:

BEFRIENDING

- Encourage socially isolated and vulnerable seniors through relationships and community activities to keep them physically and mentally active
- Engage elderly patients who have been discharged from hospital care
- Mentor and supervise at-risk primary school children from low income families
- Support rehabilitating mental health patients through their recovery

GUIDING

- Conduct guided tours at heritage centres, art galleries and places of interest
- Serve as concierge and guide in hospitals and/or galleries

TRAINING

- Help seniors bridge the digital divide by developing their IT skills
- Train and develop effective volunteers and volunteer team leaders

EPIODIC

- Volunteer on an ad-hoc basis at your preferred time and pace

VISION

To make every senior a volunteer

MISSION

To develop senior volunteers and provide meaningful opportunities to serve the needs of the community.

CORE VALUES

Building relationships
Innovation
Integrity
Service to Others
Sharing Experience

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