

Are you a senior who wants to keep fit?
Do you love drinking soup?

You are invited to Share a Pot!

欢迎参加大家喝!

Our Programme 节目:

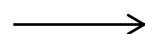


No Fees
Required!
无需
收费!

Supported by:



For session info, please turn the page.
活动详情，请看下一页



Active Sessions 时间表

T U E	<p>Church of Our Lady Star of the Sea 10 Yishun St 22 Canteen (S)768579 ☎ 6257 4229</p>	10.30 – 11.45am
星 期 二	<p>Foundation of Rotary Clubs Singapore Eldercare and Caregivers Centre 386 Bukit Batok West Ave 5 #01-348 (S)650386 ☎ 8886 0545</p>	10 – 11am
W E D	<p>Admiralty Zone 10 RN 573B Woodlands Dr 16 (S)732573 ☎ 6996 3944 <i>In collaboration with Covenant Evangelical Free Church</i></p>	1.30 – 3pm
星 期 三	<p>Agape Village 7A Lor 8 Toa Payoh (S)319264 ☎ 6801 7407</p>	10.30am – 12nn
	<p>Tembusu Senior Activity Centre 3 Eunos Cres #01-2585 (S)400003 ☎ 6742 1321</p>	9am – 12nn
	<p>Wellness Kampung @ 115 115 Yishun Ring Rd #01-495 (S)760115 ☎ 6257 4702</p>	10.30am – 12nn
	<p>Wellness Kampung @ 765 765 Yishun St 72 #01-366 (S)760765 ☎ 6257 4842</p>	9am – 12nn
T H U 星 期 四	<p>Goodlife! @ Yishun 838 Yishun St 81 #01-322 (S)760838 ☎ 6484 8040 (Please call to register in advance)</p>	9.30am – 12nn 2 nd & 4 th Thu of the month



share a pot

大家喝

www.shareapot.sg

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