

Be A Silver Volunteer

And Bring Out The Hero in You



Silver Volunteer Program



Supported by



Interested?
Contact us at
88700447

We are recruiting SILVER VOLUNTEERS!

Seniors Age 50 and Above

Program Objectives



- ❖ To engage seniors in self development for successful ageing
- ❖ To enable seniors in various skills for services to the community
- ❖ To empower silver community to contribute to the society

CT Hub #06-14 2 Kallang Avenue S339407 | www.ecss.org.sg | Email: tle@ecss.org.sg | Tel: 67886625

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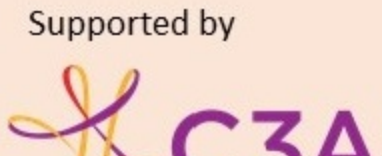
Roles of Silver Volunteers



- ♥ Caregiver befriender
- ♥ Ukulele / Percussion Players
- ♥ Administrative helpers
- ♥ Manicurists & Pedicurists
- ♥ Wheelchair repairer
- ♥ Volunteer trainers in fitness / handicraft

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我们在招募 乐龄义工!

50岁以上有志愿当义工的乐龄看过来!

乐龄义工计划的目的



- ❖ 帮助乐龄参与自我提升以成功老龄化
- ❖ 帮助乐龄学习装备各种服务社区的技能
- ❖ 帮助赋予乐龄群体回馈社会的能力

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不同义工的角色



- ♥ 关怀看护者义工
- ♥ 四弦琴 / 打击乐手义工
- ♥ 行政助手义工
- ♥ 美颜美甲义工
- ♥ 轮椅维修义工
- ♥ 健身 / 手工指导员义工

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