

Are Your Kidneys **OK**?

Come for a screening if you meet all 3 eligibility requirements

- You need to be 21 - 70 years old
- Meet **ANY ONE** of the following criteria:
 - Biological family member of a patient with kidney disease
 - Known to have diabetes and/or hypertension
 - Ethnic Malay (given the higher prevalence of chronic kidney disease)
- Not seeing a doctor for regular check-up or treatment of diabetes and/or hypertension

Complimentary screening includes:

- Blood & Urine Tests (No fasting needed)
To check for kidney disease, high cholesterol and diabetes
- Consultation with Doctor, Dietitian and Exercise Specialist
- [Optional] Retinal Eye Screening
Checks for kidney function and major eye diseases

NKF Centre, 81 Kim Keat Road S(328836)
CKD Clinic, Level 3

Every Wednesday (except public holidays)
9am to 11.30am

In collaboration with: SINGAPORE EYE RESEARCH INSTITUTE




Aug 2022





By appointment basis only
Find out more at <https://bit.ly/3z7ZM28>

我的肾脏： 您好吗？


若您符合以下的三个  条件，欢迎来做个肾脏健康检查

-  年龄介于21至70岁
-  符合以下**任何**一个条件：
 - 血缘亲属患有肾脏病
 - 患有糖尿病或/以及高血压
 - 马来族 (鉴于目前慢性肾脏病的较高发病率)
-  目前没有任何医生定时跟进您的糖尿病或/以及高血压病情

免费检验项目包括：

-  血液和尿液检测 (无需禁食)
检查是否有肾脏病，高胆固醇以及糖尿病
-  (可选项目) 视网膜检验
检查肾脏功能以及重大眼疾
-  与医生、营养师和运动专家进行咨询

 NKF Centre, 81 Kim Keat Road S(328836)
CKD Clinic, Level 3

 每个星期三 (公共假期除外)
上午9点至11点半

合作伙伴：

Aug 2022



只限预约

请浏览 <https://bit.ly/3z7ZM28>
以了解更多信息