

Since 1979



The SINGAPORE ASSOCIATION FOR CONTINUING EDUCATION: A Community-Based Organisation that offers a CAFeteria of Courses, Activities, Functions, Events that promote successful Living, Loving, & Learning.

Live . Love . Learn

Since 2014



THE UNIVERSITY OF THE THIRD AGE SINGAPORE

The University of the Third Age (U3A) Singapore pioneered by SACE since 2006 and was officially launched on 31 Mar 2014. It has forged strong connections with U3As worldwide. Its prime objectives are to facilitate third agers in maintaining mental fitness, seeking personal enrichment, and finding direction and meaning in life. U3A which started in France at the Faculty of Social Sciences in Toulouse in 1973 is now an international movement whose aims are the education and stimulation of mainly retired members of the community—those in their third 'age' of life – through a geragogic model of continuous education as in UK and lifelong learning as in the US.

ORIGIN OF SACE

SACE was established in 1979 at the initiative of the Adult Education Board together with support from school principals, educators and librarians with the fundamental objective to keep continuing education a priority realising that lifelong learning is beneficial to physical, psychological and spiritual wellbeing.

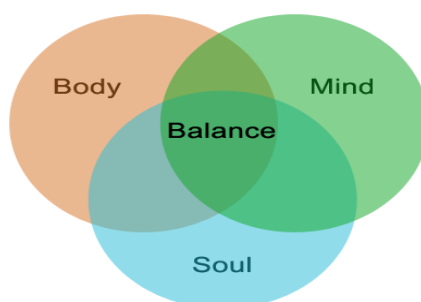
Since 2015, SACE has enjoyed the support of the Council for Third Age (C3A) which was established in 2007. In 2016, SACE together with a network of post-secondary education institutions (PSEIs) (i.e., ITE, polytechnics, universities and arts institutions) and community-based organisations formed the National Silver Academy.

SACE supports the implementation of the Singapore's Action Plan for Successful Ageing launched in 2015 to promote active ageing among older Singaporeans.

SACE COURSE CURRICULUM TO KEEP YOU FIT

FINANCIAL	Sufficiency of income to live freely
INTELLECTUAL	BODY – physical wellbeing
	MIND – mental wellbeing
	SOUL – spiritual wellbeing
TECHNOLOGICAL	Digital skills to thrive in a smart nation

We help SACE members develop PERSONAL MASTERY through our activities, functions and events.



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