

OCTOBER 2022 – MARCH 2023

LIFELONG LEARNING COURSES FOR MEMBERS

In collaboration with National Silver Academy (NSA)



COURSE CATEGORIES INCLUDE

HUMANITIES • AGEING & LIFE SKILLS • HEALTH & WELLNESS
IT & SCIENCE • FINANCE & BUSINESS • MEDIA, ARTS & DESIGN

NSA subsidies apply to Singapore citizens and PRs aged 50 years old and above

NUSS
The Graduate Club

As part of
Silver NATIONAL
ACADEMY
learning continues @ 50+

As the premier club for graduates, NUSS aims to establish a strong relationship with NUS and the wider graduate community by creating appropriate platforms for graduates to socialise, build networks and exchange ideas.

One of these platforms is through our series of short courses and ad-hoc learning opportunities intended to encourage meaningful and lifelong learning amongst our members and the public. These short courses are conducted in collaboration with National Silver Academy (NSA) and Council for Third Age (C3A). Many of the instructors are NUSS members who have graciously stepped forward to contribute their time and expertise. We look forward to the continued partnership with C3A and continue to encourage more members to step forward to spearhead suitable NSA courses.

Initially launched in 2017 and conducted bi-annually, our portfolio of short courses has expanded exponentially. Commencing in October 2022, our latest round of courses will feature three new courses, one of which includes Cryptocurrency and Blockchain. Those who enjoyed Sourdough Boule Workshop and Conversational Mandarin (Level 3) in our previous run and wish to hone their skills further would be pleased to know that we have added Sourdough Boule Workshop (Intermediate) and Conversational Mandarin (Level 4) to our current list of courses.

We hope that our members will be enriched by this portfolio of courses which have been specially curated for their personal enrichment and developmental goals. Singapore Citizens and Permanent Residents aged 50 years and above will receive subsidies off selected course fees. On top of that, we are glad to announce that all the courses in this cycle are eligible for SkillsFuture credits claim.

Based on past intakes, our NSA courses are immensely popular, so do register early to get started on your learning journey with us!

Please note that the course details are accurate at time of print and may be subject to change. The trainer is subject to change without prior notice.

Visit www.nuss.org.sg for updates.

Photography and videography will be carried out throughout the event. NUSS may use some or all of these images in their print publications, digital platforms and/or marketing channels.



HOW TO REGISTER

- 1 Go to www.nuss.org.sg.
- 2 Click on the 'Lifelong Learning Courses' tab.
- 3 For course outlines and other details, click on the course titles.
- 4 At the bottom of the page, click on the link under 'Application Procedure' to register.
- 5 Fill in all the fields and submit your registration.
- 6 An acknowledgement email will be sent to you upon completion of registration.
- 7 A separate course confirmation email will be sent after the registration closes for the course. If you have successfully registered and did not receive the email latest by 7 working days before the course commencement date, kindly email nsa@nuss.org.sg.
- 8 All payment and SkillsFuture claims (if eligible) must be made by the deadline stated in the email.
- 9 Withdrawal from the course must be done in writing to nsa@nuss.org.sg, at least 14 working days before the course commencement date, or the full course fee will be forfeited.
- 10 Registration for all courses closes a month before the start date.
- 11 Kindly visit www.nuss.org.sg/about-nsa if you wish to register or obtain more information on each individual course. Sign-ups through other platforms will not be accepted.

Singapore citizens and Permanent Residents aged 50 years old and above will receive NSA subsidies off selected course fees.

For enquiries, please email nsa@nuss.org.sg.



Eligible for SkillsFuture Credits

CONVERSATIONAL MANDARIN (LEVEL 2)

9, 16, 30 January, 6, 13, 20, 27 February, 6 March 2023 (8 sessions)
Monday, 3pm to 5pm
Kent Ridge Guild House

NUSS Member	\$342.40
Public	\$376.64
NUSS Member (50 years old and above)	\$86.40*
Public (50 years old and above)	\$95.04*

[^]Participants should have completed the Conversational Mandarin (Level 1) course, or have a basic foundation in Mandarin.

- A minimum of 13 participants is required for workshop to commence.
- Participants will be charged an additional \$3 for course materials.
- Registration closes a month before course commencement date.

Upon completion of our Conversational Mandarin (Level 1) course, improve your conversational Mandarin skills with more in-depth vocabulary at this Level 2* course!

About the Trainer

Mr Lim Kian Chye obtained a Bachelor of Arts (majoring in Chinese Studies & General Mathematics, minoring in Japanese Studies) from the National University of Singapore. He has a Diploma in Departmental Management and a Postgraduate Diploma in Education from NIE.

Eligible for SkillsFuture Credits

CONVERSATIONAL MANDARIN (LEVEL 3)

13, 20, 27 March, 3, 10, 17, 24 April, 8 May 2023 (8 sessions)
Monday, 3pm to 5pm
Kent Ridge Guild House

NUSS Member	\$342.40
Public	\$376.64
NUSS Member (50 years old and above)	\$86.40*
Public (50 years old and above)	\$95.04*

[^]Participants should have completed the Conversational Mandarin (Level 2) course, or have a basic foundation in Mandarin.

- A minimum of 13 participants is required for workshop to commence.
- Participants will be charged an additional \$4 for course materials.
- Registration closes a month before course commencement date.

Deepen your appreciation for the Mandarin language and expand on your vocabulary at this Conversational Mandarin (Level 3)* course.

About the Trainer

Mr Lim Kian Chye obtained a Bachelor of Arts (majoring in Chinese Studies & General Mathematics, minoring in Japanese Studies) from the National University of Singapore. He has a Diploma in Departmental Management and a Postgraduate Diploma in Education from NIE.



Eligible for SkillsFuture Credits

CONVERSATIONAL MANDARIN (LEVEL 4)

25 October, 1, 8, 15, 22, 29 November, 6, 13 December 2022 (8 sessions)
Tuesday, 3pm to 5pm
Kent Ridge Guild House

NUSS Member	\$342.40
Public	\$376.64
NUSS Member (50 years old and above)	\$86.40*
Public (50 years old and above)	\$95.04*

[^]Participants should have completed the Conversational Mandarin (Level 3) course, or have a basic foundation in Mandarin.

- A minimum of 13 participants is required for workshop to commence.
- Participants will be charged an additional \$4 for course materials.
- Registration closes a month before course commencement date.

Delve deeper into the Chinese language! Through this advanced course, learn how to communicate confidently and enhance daily conversation with the creative and appropriate usage of verbs, adjectives and idioms.

About the Trainer

Mr Lim Kian Chye obtained a Bachelor of Arts (majoring in Chinese Studies & General Mathematics, minoring in Japanese Studies) from the National University of Singapore. He has a Diploma in Departmental Management and a Postgraduate Diploma in Education from NIE.



Eligible for SkillsFuture Credits

AQUAPONICS - GROW GREENS NATURALLY

29 October, 5, 12, 19 November 2022 (4 sessions)
Saturday, 9am to 12pm
Kent Ridge Guild House

NUSS Member	\$256.80
Public	\$282.48
NUSS Member (50 years old and above)	\$64.80*
Public (50 years old and above)	\$71.28*

- A minimum of 14 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

Would you like to grow your own organic greens in a sustainable way? Join us and learn about Aquaponics, a unique combination of hydroponics and aquaculture, where fish and plants are grown together in a closed system.

About the Trainer

Mr Steve Wu holds a Bachelor of Science in Marketing and has worked in a multinational corporation for 20 years. Steve's concern for the environment and food safety led him to deeply explore Aquaponics and he seeks to share this technique with others.

For enquiries on the courses above, please email nsa@nuss.org.sg.
For registration, please visit www.nuss.org.sg/about-nsa.

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For enquiries on the courses above, please email nsa@nuss.org.sg.
For registration, please visit www.nuss.org.sg/about-nsa.

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Eligible for SkillsFuture Credits

BRIDGE INTERMEDIATE COURSE (LEVEL 2)

5, 12, 26 November, 3, 10, 17 December 2022 (6 sessions)
Saturday, 2pm to 5pm
Kent Ridge Guild House

NUSS Member	\$385.20
Public	\$423.72
NUSS Member (50 years old and above)	\$97.20*
Public (50 years old and above)	\$106.92*

- A minimum of 12 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

As a follow up to the Bridge Beginner's Course, this Intermediate Course is introduced to help keen players raise their game to the next level.

About the Trainer

Mr Kelvin Ong has been a regular in the youth bridge scene since 2005, and has constantly finished on the podium in multiple events. He is part of the Singapore Contract Bridge Association (SCBA) and oversees youth training and development. He was also selected by SCBA to be part of the Singapore team to represent the nation in the World Bridge Series in 2012 and 2016.

Eligible for SkillsFuture Credits

BRIDGE ADVANCED COURSE (LEVEL 3)

4, 11, 18, 25 February, 4, 11 March 2023 (6 sessions)
Saturday, 2pm to 5pm
Kent Ridge Guild House

NUSS Member	\$385.20
Public	\$423.72
NUSS Member (50 years old and above)	\$97.20*
Public (50 years old and above)	\$106.92*

- A minimum of 12 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

Looking to advance your skills in bridge? Learn how to compete effectively in competitions and games at this advanced course!

About the Trainer

Mr Kelvin Ong has been a regular in the youth bridge scene since 2005, and has constantly finished on the podium in multiple events. He is part of the Singapore Contract Bridge Association (SCBA) and oversees youth training and development. He was also selected by SCBA to be part of the Singapore team to represent the nation in the World Bridge Series in 2012 and 2016.



Eligible for SkillsFuture Credits

HOW TO EFFECTIVELY ENGAGE YOUR GRANDCHILDREN

15 & 22 February 2023 (2 sessions)
Wednesday, 9am to 12pm
Kent Ridge Guild House

NUSS Member	\$128.40
Public	\$141.24
NUSS Member (50 years old and above)	\$32.40*
Public (50 years old and above)	\$35.64*

- A minimum of 14 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

In this course, participants will learn about child development and how to build close relationship with their grandchildren.

About the Trainer

Ms Yeo Hwee Cheng has M.Sc. in Early Childhood Education from Boston University and a B.Sc. from the National University of Singapore majoring in Chemistry. She is also trained in Early Childhood Education and Leadership from SEED Institute and was awarded the Bronze medal for her outstanding academic performance in 2011. Hwee Cheng is also trained in the Montessori Methodology.



Eligible for SkillsFuture Credits

HOW TO PLAY WITH YOUR GRANDCHILDREN TO PROMOTE LEARNING

1 & 8 March 2023 (2 sessions)
Wednesday, 9am to 12pm
Kent Ridge Guild House

NUSS Member	\$128.40
Public	\$141.24
NUSS Member (50 years old and above)	\$32.40*
Public (50 years old and above)	\$35.64*

- A minimum of 14 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

Learn the importance of play in a child's development, and how you can aid in your grandchildren's learning journey through play.

About the Trainer

Ms Yeo Hwee Cheng has M.Sc. in Early Childhood Education from Boston University and a B.Sc. from the National University of Singapore majoring in Chemistry. She is also trained in Early Childhood Education and Leadership from SEED Institute and was awarded the Bronze medal for her outstanding academic performance in 2011. Hwee Cheng is also trained in the Montessori Methodology.

For enquiries on the courses above, please email nsa@nuss.org.sg.
For registration, please visit www.nuss.org.sg/about-nsa.

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Eligible for SkillsFuture Credits

BE A WINE EXPERT

10, 17, 24 February 2023 (3 sessions)
Friday, 6.30pm to 9.30pm
Kent Ridge Guild House

NUSS Member	\$192.60
Public	\$211.86
NUSS Member (50 years old and above)	\$48.60*
Public (50 years old and above)	\$53.46*

- A minimum of 15 participants is required for workshop to commence.
- Participants will be charged an additional \$100 for wine that will be served.
- Registration closes a month before course commencement date.

Learn to distinguish your Cabernet from a Merlot, evaluate wines and create suitable wine-food pairings to impress at any social function!

About the Trainer

Mr George Wong is the founder of the Wine Lovers Club. He is a professor from L'Ecole du Vin de Bordeaux (Bordeaux Wine School) and holds a Wine MBA from BEM - Bordeaux Management School (now under KEDGE Business School). He is a celebrated wine educator and in-demand speaker often described as "God of Wine" by local media.

Eligible for SkillsFuture Credits

EXPLORE THE WORLD OF WINES

18, 25 November, 2 December 2022
(3 sessions)
Friday, 6.30pm to 9.30pm
Kent Ridge Guild House

NUSS Member	\$192.60
Public	\$211.86
NUSS Member (50 years old and above)	\$48.60*
Public (50 years old and above)	\$53.46*

- A minimum of 15 participants is required for workshop to commence.
- Participants will be charged an additional \$100 for wine that will be served.
- Registration closes a month before course commencement date.

Gain insights on how to make appropriate wine selections and recommendations, as well as deepen your appreciation of wine at this course.

About the Trainer

Mr George Wong is the founder of the Wine Lovers Club. He is a professor from L'Ecole du Vin de Bordeaux (Bordeaux Wine School) and holds a Wine MBA from BEM - Bordeaux Management School (now under KEDGE Business School). He is a celebrated wine educator and in-demand speaker often described as "God of Wine" by local media.



Eligible for SkillsFuture Credits

LAOK HARI HARI: MASTER THE ESSENTIALS FOR EVERYDAY NONYA DISHES

5, 12, 19, 26 November 2022
(4 sessions) Saturday, 1pm to 4pm
Mandalay Guild House

NUSS Member	\$256.80
Public	\$282.48
NUSS Member (50 years old and above)	\$64.80*
Public (50 years old and above)	\$71.28*

- A minimum of 15 participants is required for workshop to commence.
- Participants will be charged an additional \$60 for food tasting.
- Registration closes a month before course commencement date.

Learn the secrets behind preparing tasty and authentic Nonya dishes through a series of live demonstrations and hands-on exercises. Participants will also get to bring home a container of freshly made *belachan* at the end of the session!

About the Trainer

Mr Lloyd Matthew Tan is the author of Daily Nonya Dishes and More Daily Nonya Dishes - cookbooks that document the daily dishes in a Peranakan home. He grew up enjoying *sedap*¹ Nonya food and was motivated to learn how to cook after his father's passing. Presently, he conducts cooking workshops and private dining sessions, runs the *Perot Rumah* Facebook group and shares his cooking adventures on Instagram under #dailynonyadishes.

¹Delicious in Malay.

Eligible for SkillsFuture Credits

REMPAH AWAY: LEARNING THE DIFFERENT SPICE PASTE IN NONYA COOKING

4, 11 & 18 March 2023 (3 sessions)
Saturday, 1pm to 4pm
Mandalay Guild House

NUSS Member	\$192.60
Public	\$211.86
NUSS Member (50 years old and above)	\$48.60*
Public (50 years old and above)	\$53.46*

- A minimum of 15 participants is required for workshop to commence.
- Participants will be charged an additional \$60 for food tasting.
- Registration closes a month before course commencement date.

In this demonstration workshop, learn how to pound and prepare *rempahs* (spice pastes) just like in the old days! Discover the different types of *rempahs* used in a Nonya kitchen and how to transform a basic *rempah* by adding or removing spice paste ingredients.

About the Trainer

Mr Lloyd Matthew Tan is the author of Daily Nonya Dishes and More Daily Nonya Dishes - cookbooks that document the daily dishes in a Peranakan home. He grew up enjoying *sedap*¹ Nonya food and was motivated to learn how to cook after his father's passing. Presently, he conducts cooking workshops and private dining sessions, runs the *Perot Rumah* Facebook group and shares his cooking adventures on Instagram under #dailynonyadishes.

¹Delicious in Malay.

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For registration, please visit www.nuss.org.sg/about-nsa.

¹NSA subsidies apply to Singaporeans and PRs aged 50 years and above. Prices stated are inclusive of GST.

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For registration, please visit www.nuss.org.sg/about-nsa.

¹NSA subsidies apply to Singaporeans and PRs aged 50 years and above. Prices stated are inclusive of GST.



Eligible for SkillsFuture Credits

ARTISAN BREAD AND PIZZA MAKING WORKSHOP

21 & 22 February 2023 (2 sessions)
Tuesday & Wednesday, 10am to 4pm
Mandalay Guild House

NUSS Member	\$256.80
Public	\$282.48
NUSS Member (50 years old and above)	\$64.80*
Public (50 years old and above)	\$71.28*

- A minimum of 14 participants is required for workshop to commence.
- Participants will be charged an additional \$35 for course materials.
- Registration closes a month before course commencement date.

Learn the techniques and secrets behind making different types of delicious artisanal bread that is easily replicable at home.

About the Trainer

Ms Pauline Chan has acquired her skills in cake decorating, cookie art and food design through a series of professional qualifications and personal improvisation. She works with other companies to give public demonstrations where she showcases her culinary skills and demonstrates the usage of their kitchen appliances and equipment.

Eligible for SkillsFuture Credits

CAKE DESIGN & CHOCOLATE TRUFFLES WORKSHOP (ELEMENTARY)

21 & 22 December 2022 (2 sessions)
Wednesday & Thursday
9am to 5pm (Wed), 9am to 6pm (Thu)
Mandalay Guild House

NUSS Member	\$363.80
Public	\$400.18
NUSS Member (50 years old and above)	\$91.80*
Public (50 years old and above)	\$100.98*

- A minimum of 13 participants is required for workshop to commence.
- Participants will be charged an additional \$80 for course materials.
- Registration closes a month before course commencement date.

At this hands-on workshop, pick up basic techniques in cake designing and chocolate truffle making, so you can create delicious treats that are sure to impress your friends and family!

About the Trainer

Ms Pauline Chan has acquired her skills in cake decorating, cookie art and food design through a series of professional qualifications and personal improvisation. She works with other companies to give public demonstrations where she showcases her culinary skills and demonstrates the usage of their kitchen appliances and equipment.



Eligible for SkillsFuture Credits

SOURDOUGH BOULE WORKSHOP (BASIC)

21 & 22 March 2023 (2 sessions)
Tuesday & Wednesday
9am to 6pm (Tue)
9am to 5pm (Wed)
Mandalay Guild House

NUSS Member	\$363.80
Public	\$400.18
NUSS Member (50 years old and above)	\$91.80*
Public (50 years old and above)	\$100.98*

- A minimum of 15 participants is required for workshop to commence.
- This class requires participants to have basic bread making skills. It is not suitable for beginners.
- Participants will be charged an additional \$50 for course materials.
- Registration closes a month before course commencement date.

Is there anything more lovely than tucking into a slice of freshly baked crusty bread? Pick up the necessary knowledge and skills on how to make delicious and flavourful sourdough (SD) bread, and how to maintain a good SD starter!

About the Trainer

Ms Pauline Chan has acquired her skills in cake decorating, cookie art and food design through a series of professional qualifications and personal improvisation. She works with other companies to give public demonstrations where she showcases her culinary skills and demonstrates the usage of their kitchen appliances and equipment.

Eligible for SkillsFuture Credits

SOURDOUGH BOULE WORKSHOP (INTERMEDIATE)

23 & 24 March 2023 (2 sessions)
Thursday & Friday, 9am to 6pm
Mandalay Guild House

NUSS Member	\$385.20
Public	\$423.72
NUSS Member (50 years old and above)	\$97.20*
Public (50 years old and above)	\$106.92*

- A minimum of 15 participants is required for workshop to commence.
- This class requires participants to have basic bread making skills. It is not suitable for beginners.
- Participants will be charged an additional \$50 for course materials.
- Registration closes a month before course commencement date.

Imagine enjoying a hearty slice of sourdough focaccia, made fresh from your oven! Expand on your knowledge of bread baking and learn tips on how to handle high hydration dough for a delicious focaccia loaf at this intermediate course.

About the Trainer

Ms Pauline Chan has acquired her skills in cake decorating, cookie art and food design through a series of professional qualifications and personal improvisation. She works with other companies to give public demonstrations where she showcases her culinary skills and demonstrates the usage of their kitchen appliances and equipment.

For enquiries on the courses above, please email nsa@nuss.org.sg.
For registration, please visit www.nuss.org.sg/about-nsa.

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For enquiries on the courses above, please email nsa@nuss.org.sg.
For registration, please visit www.nuss.org.sg/about-nsa.

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Eligible for SkillsFuture Credits

SAVOURY BUN AND BREAD ROLL MAKING WORKSHOP

23 & 24 February 2023 (2 sessions)
Thursday & Friday, 10am to 4pm
Mandalay Guild House

NUSS Member	\$256.80
Public	\$282.48
NUSS Member (50 years old and above)	\$64.80*
Public (50 years old and above)	\$71.28*

- A minimum of 15 participants is required for workshop to commence.
- Participants will be charged an additional \$40 for course materials.
- Registration closes a month before course commencement date.

In this course, learn how to make a variety of savoury buns and hotdog rolls that will come in handy at your next gathering!

About the Trainer

Ms Pauline Chan has acquired her skills in cake decorating, cookie art and food design through a series of professional qualifications and personal improvisation. She works with other companies to give public demonstrations where she showcases her culinary skills and demonstrates the usage of their kitchen appliances and equipment.

Eligible for SkillsFuture Credits

TART MAKING WORKSHOP

14 & 15 December 2022 (2 sessions)
Wednesday & Thursday, 10am to 6pm
Mandalay Guild House

NUSS Member	\$342.40
Public	\$376.64
NUSS Member (50 years old and above)	\$86.40*
Public (50 years old and above)	\$95.04*

- A minimum of 14 participants is required for workshop to commence.
- Participants will be charged an additional \$80 for course materials.
- Registration closes a month before course commencement date.

Be equipped with the skills and know-how on how to make simple and elegant fruit and chocolate tarts. Whether it's for a casual outdoor picnic, gift or dinner party, tarts are the perfect dessert that is both visually stunning and delicious.

About the Trainer

Ms Pauline Chan has acquired her skills in cake decorating, cookie art and food design through a series of professional qualifications and personal improvisation. She works with other companies to give public demonstrations where she showcases her culinary skills and demonstrates the usage of their kitchen appliances and equipment.

For enquiries on the courses above, please email nsa@nuss.org.sg.
For registration, please visit www.nuss.org.sg/about-nsa.

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Eligible for SkillsFuture Credits

LET FOOD BE THY MEDICINE FOR GOOD HEALTH AND WELLNESS

21 & 28 February 2023 (2 sessions)
Tuesday, 2pm to 6pm
Kent Ridge Guild House

NUSS Member	\$128.40
Public	\$141.24
NUSS Member (50 years old and above)	\$32.40*
Public (50 years old and above)	\$35.64*

- A minimum of 16 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

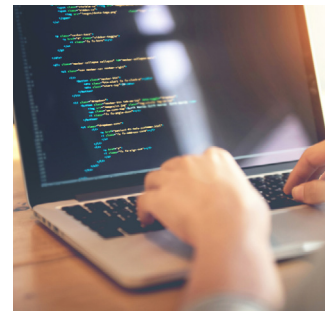
Living in a fast-paced society can result in the rising incidence of diseases and poor health. Understanding the importance of food choices and dietary habits can help reduce the risk of diseases and poor health. Learn how to replace synthetic drugs with natural food and how to make informed decisions on food choices for good physical and mental health.

About the Trainer

Associate Professor Lam Pin Woon is currently an adjunct principal lecturer and adjunct associate professor at Nanyang Polytechnic and Department of Pharmacy, NUS respectively. He holds a B.Sc. with Honours (Pharmacy) from NUS, and MBA from Georgia State University, USA. Currently, he is a Director/Advisor of several companies.

For enquiries on the courses above, please email nsa@nuss.org.sg.
For registration, please visit www.nuss.org.sg/about-nsa.

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Eligible for SkillsFuture Credits

CODING IN VBA

18 November 2022, Friday
10am to 4pm
Kent Ridge Guild House

NUSS Member	\$107.00
Public	\$117.70
NUSS Member (50 years old and above)	\$27.00*
Public (50 years old and above)	\$29.70*

- A minimum of 15 participants is required for workshop to commence.
- Participants will be charged an additional \$5 for course materials.
- Participants are required to bring a personal laptop pre-installed with Microsoft Office and Excel.
- Registration closes a month before course commencement date.

Discover how you can automate repetitive and routine tasks through VBA (Visual Basic for Applications) programming. In this introductory course, participants will learn key programming concepts and coding in VBA.

About the Trainer

Mr Eric Hong (MBA, MSc, BEng, PGDE) has worked more than 10 years at leading multinational corporations in the business and engineering arena. He has also extensive tertiary level teaching experience in Software Engineering and Physics. Eric is the founder of IntegrateDots, a consulting and training company in Data Analytics/ Visualisations and Custom Software Applications.



Eligible for SkillsFuture Credits

GOOGLE APPS & SCRIPTS

9 December 2022, Friday
9am to 6pm
Kent Ridge Guild House

NUSS Member	\$192.60
Public	\$211.86
NUSS Member (50 years old and above)	\$48.60*
Public (50 years old and above)	\$53.46*

- A minimum of 16 participants is required for workshop to commence.
- Participants will be charged an additional \$5 for course materials.
- Participants are required to bring their own laptop.
- Registration closes a month before course commencement date.

Learn how to code and automate mundane tasks using Google Apps and Script, and discover how you can boost your productivity at work at this introductory workshop!

About the Trainer

Mr Eric Hong (MBA, MSc, BEng, PGDE) has worked more than 10 years at leading multinational corporations in the business and engineering arena. He has also extensive tertiary level teaching experience in Software Engineering and Physics. Eric is the founder of IntegrateDots, a consulting and training company in Data Analytics/ Visualisations and Custom Software Applications.

Eligible for SkillsFuture Credits

LEARN HOW TO GET THE MOST OUT OF YOUR IPHONE (BASIC)

29 November & 1 December 2022
(2 sessions) Tuesday & Thursday
10am to 5pm
Kent Ridge Guild House

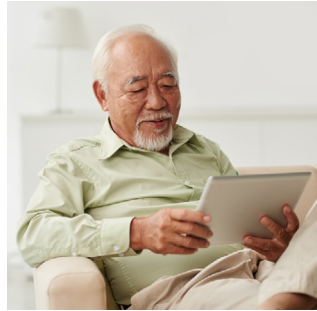
NUSS Member	\$256.80
Public	\$282.48
NUSS Member (50 years old and above)	\$64.80*
Public (50 years old and above)	\$71.28*

- A minimum of 14 participants is required for workshop to commence.
- Participants are required to bring their own iPhone.
- Registration closes a month before course commencement date.

Are you using your current iPhone to its fullest potential? Learn updated tips and get hands-on practice on how you can increase productivity using your iPhone's key features. In addition, gain insights into how you can protect your privacy and personal data better.

About the Trainer

Mr Michael Chan is passionate at helping others make the most out of their technology. Curious with the latest innovations, he is often the first adopter of new digital devices at his office. A career institutional banker, Michael is a PA, CMA, Canada. He also holds an MBA from the Ivey School of Business, University of Western Ontario and an undergraduate degree from McGill University.



Eligible for SkillsFuture Credits

LEARN HOW TO GET THE MOST OUT OF YOUR IPHONE & IPAD (ADVANCED)

6 & 8 December 2022 (2 sessions)
Tuesday & Thursday, 10am to 5pm
Kent Ridge Guild House

NUSS Member	\$256.80
Public	\$282.48
NUSS Member (50 years old and above)	\$64.80*
Public (50 years old and above)	\$71.28*

- A minimum of 14 participants is required for workshop to commence.
- Participants are required to bring their own iPhone or iPad.
- Registration closes a month before course commencement date.

In this hands-on workshop, participants will go beyond the Basic Programme topics. The class will go more in-depth into iCloud, syncing across devices, Photos advanced features, setting up Contacts, Calendar, Notes, Files App (Desktop and Documents in iCloud), and more.

About the Trainer

Mr Michael Chan is passionate at helping others make the most out of their technology. Curious with the latest innovations, he is often the first adopter of new digital devices at his office. A career institutional banker, Michael is a PA, CMA, Canada. He also holds an MBA from the Ivey School of Business, University of Western Ontario and an undergraduate degree from McGill University.



NEW!

Eligible for SkillsFuture Credits

CRYPTOCURRENCY AND BLOCKCHAIN – UNDERSTANDING THE OPPORTUNITY AND RISKS

6 November 2022, Sunday
8.30am to 5.30pm
Kent Ridge Guild House

NUSS Member	\$192.60
Public	\$211.86
NUSS Member (50 years old and above)	\$48.60*
Public (50 years old and above)	\$53.46*

- A minimum of 13 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

Gain insights into the world of cryptocurrencies on the blockchain work, its opportunities as well as the risks involved. Explore varying investment strategies and how cryptocurrencies and the blockchain are increasingly part of legitimate investment schemes in Singapore.

About the Trainer

Dr Davin Wang holds a Ph.D. in Finance and was an instructor for the National University of Singapore's MSc in Real Estate and the MBA (Specialisation in Real Estate) courses and the Graduate Certificate in Real Estate Finance. Dr Wang has conducted training for the Singapore Land Authority and CapitaLand management's C-suite executives. He was formerly the Chief Data Officer for SRX and MD of Real Estate and Project Financing at CapBridge, a private equity firm.

For enquiries on the courses above, please email nsa@nuss.org.sg.
For registration, please visit www.nuss.org.sg/about-nsa.

*NSA subsidies apply to Singaporeans and PRs aged 50 years and above. Prices stated are inclusive of GST.

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Eligible for SkillsFuture Credits

GROWING WEALTH & STRETCHING YOUR RETIREMENT DOLLAR

10 & 17 March 2023 (2 sessions)
Friday, 10am to 5pm
Kent Ridge Guild House

NUSS Member	\$256.80
Public	\$282.48
NUSS Member (50 years old and above)	\$64.80*
Public (50 years old and above)	\$71.28*

- A minimum of 14 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

Learn how to manage your finances wisely in order to tide you through the golden years of your retirement comfortably. This course will teach you how to understand the fundamentals of finance, investment, and risk management.

About the Trainer

Ms Diana Seah has more than 30 years experience in financial institutions that specialise in financing small and medium-sized enterprises. She is a Certified Public Accountant (Singapore) with an Accountancy degree from NUS and a MBA (Business Law) from NTU.

Eligible for SkillsFuture Credits

READING, UNDERSTANDING AND ANALYSING FINANCIAL STATEMENTS

12 & 13 January 2023 (2 sessions)
Thursday & Friday, 10am to 5pm
Kent Ridge Guild House

NUSS Member	\$256.80
Public	\$282.48
NUSS Member (50 years old and above)	\$64.80*
Public (50 years old and above)	\$71.28*

- A minimum of 14 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

Learn how to read, interpret and analyse financial statements such as Balance Sheets, Profit and Loss Statements and Cash Flow Statements in order to make better financial investment decisions.

About the Trainer

Mr Kelvin Tan is an Adjunct Associate Professor at the NUS Business School and was a Local Merit Scholar (Police Service). He graduated with a Bachelor of Accountancy with First Class Honours. He obtained his MBA in 1997, and attended the Programme for Management Development at the Harvard Business School in 1999.



Eligible for SkillsFuture Credits

REAL ESTATE FOR ESTATE PLANNING AND WEALTH MANAGEMENT

10 December 2022, Saturday
8.30am to 5.30pm
Kent Ridge Guild House

NUSS Member	\$192.60
Public	\$211.86
NUSS Member (50 years old and above)	\$48.60*
Public (50 years old and above)	\$53.46*

- A minimum of 13 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

Did you know that real estate can be an effective tool in wealth management and estate planning? Join us to gain insights into the available strategies and considerations before investing in one and more.

About the Trainer

Dr Davin Wang holds a Ph.D. in Finance and was an instructor for the National University of Singapore's MSc in Real Estate and the MBA (Specialisation in Real Estate) courses and the Graduate Certificate in Real Estate Finance. Dr Wang has conducted training for the Singapore Land Authority and CapitalLand management's C-suite executives. He was formerly the Chief Data Officer for SRX and MD of Real Estate and Project Financing at CapBridge, a private equity firm.

Eligible for SkillsFuture Credits

SINGAPORE HEALTH SYSTEM: KNOWING THE POLICIES, FINANCING FRAMEWORK AND PROGRAMMES

7 & 14 February 2023 (2 sessions)
Tuesday, 2pm to 6pm
Kent Ridge Guild House

NUSS Member	\$171.20
Public	\$188.32
NUSS Member (50 years old and above)	\$43.20*
Public (50 years old and above)	\$47.52*

- A minimum of 15 participants is required for workshop to commence.
- Registration closes a month before course commencement date.

Through this workshop, participants will learn to gain a better understanding on the local health policies and programmes carried out, and the thinking and rationale behind them.

About the Trainer

Associate Professor Lam Pin Woon is currently an adjunct principal lecturer and adjunct associate professor at Nanyang Polytechnic and Department of Pharmacy, NUS respectively. He holds a B.Sc. with Honours (Pharmacy) from NUS, and MBA from Georgia State University, USA. Currently, he is a Director/Advisor of several companies.

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Eligible for SkillsFuture Credits

BASIC JAPANESE PASTEL NAGOMI ART

6, 8, 13, 15, 20, 27, 29 March,
3 April 2023 (8 sessions)
Monday & Wednesday, 10am to 1pm
Mandalay Guild House

NUSS Member	\$513.60
Public	\$564.96
NUSS Member (50 years old and above)	\$129.60*
Public (50 years old and above)	\$142.56*

- A minimum of 12 participants is required for workshop to commence.
- Participants may be required to get a starter kit. Details will be updated nearer to date.
- Registration closes a month before course commencement date.

Discover your inner artist and experience the therapeutic effects of this healing tactile art form. Using soft pastels and simple finger painting techniques, feel the stress slowly melt away as you create beautiful pieces of art!

About the Trainer

Ms Audrey Ng holds a Diploma in Basic Pastel Nagomi Art and Advanced Instructive Art Course from the Japan Pastel Hope Art Association. Her experience includes conducting classes at the People's Association, organisations, schools and senior care centres.

Eligible for SkillsFuture Credits

DISCOVERING FINGERSTYLE UKULELE (LEVEL 2)

13, 20, 27 February, 6, 13, 20,
27 March, 3, 10, 17 April 2023
(10 sessions)
Monday, 7pm to 9pm
Kent Ridge Guild House

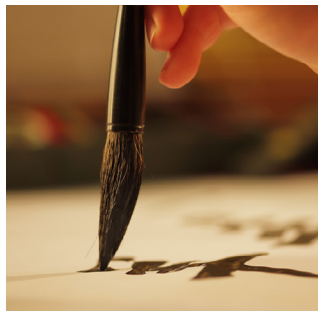
NUSS Member	\$428.00
Public	\$470.80
NUSS Member (50 years old and above)	\$108.00*
Public (50 years old and above)	\$118.80*

- A minimum of 14 participants is required for workshop to commence.
- The candidate should be able to read and play ukulele tabs and be familiar with the C and F major chord shapes in order to qualify for this level 2 course.
- Participants are required to bring their own ukulele and tuner.
- Registration closes a month before course commencement date.

Keen to pick up a new instrument? This beginners' course will introduce you to the basic chords and progressions of playing the ukulele.

About the Trainer

Dr Lim Thou Tin holds a Grade 5 theory certificate from the Association Board of the Royal Schools of Music (ABRSM). He has also completed the ukulele examinations at both the Victoria College of Music (VCM) and London College of Music (LCM).



Eligible for SkillsFuture Credits

JOURNEY IN INK (LEVEL 1)

30 October, 13, 27 November,
4, 11, 18 December 2022, 8 &
15 January 2023 (8 sessions)
Sunday, 2pm to 5pm
Kent Ridge Guild House

NUSS Member	\$513.60
Public	\$564.96
NUSS Member (50 years old and above)	\$129.60*
Public (50 years old and above)	\$142.56*

- A minimum of 14 participants is required for workshop to commence.
- The workshop will be conducted in English.
- Participants are required to bring their own starter kit for the workshop. Kindly visit NUSS website (www.nuss.org.sg/about-nsa) to find out more about the components of the suggested starter kit.
- Registration closes a month before course commencement date.

Learn the techniques of using Chinese Ink Calligraphy to practise mindfulness.

About the Trainer

Ms Chi Pin Lay is an experienced educator with 25 years of pedagogy experience and is a practising social artist who has sold more than 100 pieces of paintings since she exhibited her works in 2013. She has held courses in various schools, as well as corporate course trainings.

Eligible for SkillsFuture Credits

JOURNEY IN INK (LEVEL 2)

5, 12, 19, 26 February, 5, 12,
19, 26 March 2023 (8 sessions)
Sunday, 2pm to 5pm
Kent Ridge Guild House

NUSS Member	\$513.60
Public	\$564.96
NUSS Member (50 years old and above)	\$129.60*
Public (50 years old and above)	\$142.56*

- A minimum of 14 participants is required for workshop to commence.
- This workshop is conducted exclusively for participants who have completed Journey in Ink (Level 1).
- The workshop will be conducted in English.
- Participants are required to bring their own starter kit for the workshop. Kindly visit NUSS website (www.nuss.org.sg/about-nsa) to find out more about the components of the suggested starter kit.
- Registration closes a month before course commencement date.

Build on the techniques you picked up in Journey in Ink (Level 1) and learn how to paint animals in this workshop.

About the Trainer

Ms Chi Pin Lay is an experienced educator with 25 years of pedagogy experience and is a practising social artist who has sold more than 100 pieces of paintings since she exhibited her works in 2013. She has held courses in various schools, as well as corporate course trainings.

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For registration, please visit www.nuss.org.sg/about-nsa.

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For registration, please visit www.nuss.org.sg/about-nsa.

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Eligible for SkillsFuture Credits

THE JOY OF PLAYING THE GUITAR (LEVEL 1)

26 October, 2, 9, 16, 23, 30 November, 7, 14, 21, 28 December 2022 (10 sessions)
Wednesday, 7pm to 9pm
Kent Ridge Guild House

NUSS Member	\$428.00
Public	\$470.80
NUSS Member (50 years old and above)	\$108.00*
Public (50 years old and above)	\$118.80*

- A minimum of 14 participants is required for workshop to commence.
- Participants are required to bring their own classical/nylon guitar.
- Registration closes a month before course commencement date.

Enhance your musical skills and learn how to play the guitar both as a solo instrument and accompaniment to others.

About the Trainer

Mr Clarence Chan has done three CDs both as a soloist and with his group, "He-Arts". He has also performed at night spots such as Orchard Hotel, River View Hotel, British Club, Raffles Marina and more. During his time as a music instructor, the schools and institutions he taught in achieved multiple awards. At present, Mr Chan aims to share his love of music and guitar techniques to many in order to help build up the vibrant music scene in Singapore and around the region.

Eligible for SkillsFuture Credits

THE JOY OF PLAYING THE GUITAR (LEVEL 2)

4, 11, 18, 25 January, 1, 8, 15, 22 February, 1, 8 March 2023 (10 sessions)
Wednesday, 7pm to 9pm
Kent Ridge Guild House

NUSS Member	\$428.00
Public	\$470.80
NUSS Member (50 years old and above)	\$108.00*
Public (50 years old and above)	\$118.80*

- A minimum of 14 participants is required for workshop to commence.
- Participants are required to bring their own classical/nylon guitar.
- Registration closes a month before course commencement date.

Take your guitar strumming skills to the next level at this fun course.

About the Trainer

Mr Clarence Chan has done three CDs both as a soloist and with his group, "He-Arts". He has also performed at night spots such as Orchard Hotel, River View Hotel, British Club, Raffles Marina and more. During his time as a music instructor, the schools and institutions he taught in achieved multiple awards. At present, Mr Chan aims to share his love of music and guitar techniques to many in order to help build up the vibrant music scene in Singapore and around the region.



Eligible for SkillsFuture Credits

THE JOY OF PLAYING THE GUITAR (LEVEL 3)

15, 22, 29 March, 5, 12, 19, 26 April 3, 10, 17 May 2023 (10 sessions)
Wednesday, 7pm to 9pm
Kent Ridge Guild House

NUSS Member	\$428.00
Public	\$470.80
NUSS Member (50 years old and above)	\$108.00*
Public (50 years old and above)	\$118.80*

- A minimum of 14 participants is required for workshop to commence.
- Participants are required to bring their own classical/nylon guitar.
- Registration closes a month before course commencement date.

Hone and refine your guitar playing skills at this advanced music course.

About the Trainer

Mr Clarence Chan has done three CDs both as a soloist and with his group, "He-Arts". He has also performed at night spots such as Orchard Hotel, River View Hotel, British Club, Raffles Marina and more. During his time as a music instructor, the schools and institutions he taught in achieved multiple awards. At present, Mr Chan aims to share his love of music and guitar techniques to many in order to help build up the vibrant music scene in Singapore and around the region.

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For registration, please visit www.nuss.org.sg/about-nsa.

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For registration, please visit www.nuss.org.sg/about-nsa.

*NSA subsidies apply to Singaporeans and PRs aged 50 years and above. Prices stated are inclusive of GST.

THE GRADUATE

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NUSS
The Graduate Club

Like the activities you see here?

Join NUSS Term Membership
and enjoy members' prices



As an NUSS Member, you'll get access to members' privileges, socialise and forge new friendships with other like-minded members through an extensive range of activities.

The Term membership will be valid for a period of 10 years from the date of admission at just \$1,000*!

62 years and below? Fret not! NUSS Membership may be purchased via the Secondary Transfer Market with fees averaging \$5,000.

For more information, contact **9127 1886**, or email to marketing@nuss.org.sg.

* Terms and Conditions

NUSS Term Membership is open to Singapore Citizens and Permanent Residents 62 years old and above who have not been members of the Society but would qualify for admission as Ordinary or Associate Members.

The Term membership is applicable for a period of 10 years from the date of admission. Applicants are required to make payment of a non-refundable entrance fee of \$1,000* and monthly subscription fee of \$60*.

*Subject to prevailing GST



Life Member Privilege

Transfer your Life Membership* to your next of kin^ and enjoy NUSS with your family!



* An Ordinary or Associate member who has attained the age of 60 years old and has been a member for 25 years continuously, and is not in arrears of any monies due to the Society, shall be placed in the Life Member Register.

^ Spouse/child/niece/nephew/grandchild/sibling must fulfil the membership admission criteria and will be required to pay the prevailing monthly subscription fee.
No entrance fees are required.

A one-time transfer fee of \$214 (including GST) will apply.

Find out more at www.nuss.org.sg/life-membership.

For enquiries, please email Membership Services at mship@nuss.org.sg.



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