

Foundation of Rotary Clubs Singapore 6256 1983
 Jamiyah Singapore 6776 8575
 Kampung Senang 6261 2338
 Life Point 6538 9877
 Lions Befrienders 6681 4938
 Loving Heart 6897 4766
 Musical Theatre Limited 9677 5431
 National University of Singapore Society nsa@nuss.org.sg
 NTUC LearningHub 6336 5482
 NWC Longevity Practice 9687 0657
 Photo-Art Association of Singapore 9010 4046
 Persatuan Pemuda Islam Singapura 6745 6843
 Primary Care Academy 6496 6683
 Project Dignity 9853 9032
 Renhai Centre 6227 9238
 RSVP Singapore 6485 6132
 SACE 6266 0648
 Singapore Association for Mental Health 6344 8451
 Singapore Training and Development Association 8250 0758
 Simple IT! 8748 8263
 Social Innovation Park 9071 5373
 Society for WINGS 6250 1012
 Sustainable Living Lab 9466 1315
 The Photographic Society of Singapore 6334 3361
 Tsao Foundation 6661 9533
 XIOHOO 8809 7075
 YAH! 6445 0300

Other Partners
 Khoo Teck Puat Hospital - AMC 6807 8000
 raiSE Singapore 6460 0800
 Singapore Furniture Industries Council 6505 9161
 Singapore Hotel Association 6415 3590
 Singapore Institute of Directors 6422 1188
 SPEC 8031 8318
 Tan Tock Seng Hospital 6359 6331



We feel young when we keep learning.



www.nsa.org.sg
 Hotline: 6478 5029

An initiative under the Action Plan for Successful Ageing

Organised by Administered by



The National Silver Academy (NSA) was set up following seniors' feedback that they would like to keep learning in their later years.

NSA is a network of post-secondary education institutions (PSEIs) (i.e. ITE, polytechnics, universities and arts institutions) and community-based organisations offering a wide range of learning opportunities to seniors.

The 3 main types of courses are: Short Courses, Exam-Free Modules and Ad Hoc Learning Opportunities.



SkillsFuture Credit can be used on top of existing government course subsidies to pay for approved skills-related courses under the NSA. SkillsFuture Credit can be used to cover both the course fees payable and GST imposed on the course fees. Please read the course details on the website to check if the course is SkillsFuture Credit-eligible.

All course fees indicated on the NSA website are after subsidies.
Information is correct at time of printing.



SHORT COURSES

What: Short courses can range from 3 hours to as long as 12 weeks. These courses touch on a wide range of life skills in addition to work skills. Topics covered include health and wellness, IT, business and finance, ageing and life skills, humanities and the arts.

Who: For short courses offered by PSEIs, Singaporeans aged 50 and above can enjoy a subsidy of up to 50% off course fees. For courses by community-based organisations, Singaporeans and PRs aged 50 and above can enjoy a subsidy of up to 80% off course fees, and the final fee payable by seniors takes into account the support given by the government to community-based organisations to develop and offer the short courses.



EXAM-FREE MODULES

What: These are modules drawn from existing full-qualification programmes offered by ITE, polytechnics and universities. Seniors may attend these modules alongside regular students who are taking these modules for credit. While the regular students need to sit for the exams, seniors do not need to. Exam-free modules do not lead to credit or any qualification. Exam-free modules can be completed within the usual module duration, typically lasting a term or a semester.

Who: Singaporeans aged 50 and above may apply for exam-free modules for a token fee.



AD HOC LEARNING OPPORTUNITIES

What: These include the Intergenerational Learning Programme (ILP) which pairs students with senior learners to learn about various topics and helps promote intergenerational bonding. Other programmes include short talks offered by community-based organisations which are targeted at seniors.

Who: Singaporeans and PRs aged 50 and above may participate for free.



Visit www.nsa.org.sg

Check out new and exciting courses offered by NSA's network of learning providers. Courses range from enhancing mental well-being, IT skills like digital payments, arts, languages and more!

Registration Process

The registration process for the 3 types of courses may differ with each course provider. Please note that successful registration does not guarantee a place in the course. Applicants are advised to read the course details and check with the course providers on the confirmation of a course placement.

PSEIs

Institute of Technical Education	1800-2222-111
LASALLE College of the Arts	6496 5066
Nanyang Academy of Fine Arts	6512 1388
Nanyang Polytechnic	6451 5115
Nanyang Technological University	nsa@ntu.edu.sg
National University of Singapore	6516 6612
Ngee Ann Polytechnic	6460 6353
Republic Polytechnic	6510 3000
Singapore Management University	6808 5425
Singapore Polytechnic	6772 1288
Singapore University of Social Sciences	cet@suss.edu.sg
Temasek Polytechnic	6788 1212

Community-based Organisations

Brahm Centre	6908 2122
Centre for Seniors	6478 5015
Centre of Activity and Recreation for the Elders	6533 1010
Credit Counselling Singapore	6929 6947
Dementia Singapore	9230 8638
Diabetes Singapore	6564 9818
En Community Services Society	9 011 8125
Edible Garden City	8837 8756
Family Central	6593 6456

For more information, please visit www.nsa.org.sg or call the NSA hotline at 6478 5029, Monday to Friday (excluding public holidays), 9am to 5pm.