BASIC FIRST AID

Duration

Half day

Course Fee

Full: $107.00* (w GST)
After NSA subsidy: $27.00* (w GST)
**SkillsFuture credit claimable*

This workshop equips you with basic first aid knowledge and skills required to attend to some common injuries and conditions.

Course Covers:

- Principles & Practices of First Aid
- Bleeding and Wounds
- Bites & Stings
- Shock
- Burns & Scalds
- Poisoning; Fainting
- Soft Tissue Injuries
- Fractures
- Head and Spinal Injury
- Chest Pain
- Stroke & Fits

**This is not a Standard First Aid certification course.*

CPR + AED Certification

Duration

Half day

Course Fee

Full: $128.40* (w GST)
After NSA subsidy: $32.40* (w GST)
**SkillsFuture credit claimable*

This course teaches participants to recognise and treat emergencies such as cardiac arrest and conscious adult airway obstruction. This course is suitable for non-healthcare professionals and the general public.

Course Covers:

- Adult Airway Obstruction (conscious)
- Step-by-step Adult 1-Man
- CPR Technique
- Feature of AED
- Pad Placement
- AED Operation Steps & Troubleshooting

PCA
Primary Care Academy
Adding years of healthy life

secretariat@pca.sg | 6496 6127 | 6496 6683
Hotline Operating Hours: M-F: 9.00am to 5.00pm; S-S & PHs: Closed

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