

# AGEING & WELLNESS



As part of



## ELDERCARE TRAINING

Pick up the skills and knowledge to care for your elderly loved ones or embark on a career in the community care sector

- **BASICS OF ELDER CAREGIVING SKILLS (2D)**  
Nett fees \$90 (after NSA\* subsidy)  
Date: Oct 25-26 / Nov 9-10
- **BASIC ELDERCARE FOR CARE ASSOCIATES (3D)**  
Nett fees \$104 (after NSA\* subsidy)  
Date: Oct 25-27 / Nov 9-11
- **DEMENTIA II: CARE & SUPPORT (2D)**  
Nett fees \$84 (after NSA\* subsidy)  
Date: Oct 17-18 / Nov 28-29 / Oct 31-Nov 1 (Mandarin)
- **MEDICAL ESCORT CONCIERGE TRAINING (1D)**  
Nett fees \$30 (after NSA\* subsidy)  
Date: Oct 21 / Nov 18
- **TRAINING FOR BEFRIENDERS (1D)**  
Nett fees \$30 (after NSA\* subsidy)  
Date: Oct 10 / Dec 14 / Nov 14 (English/Mandarin)

\*NSA subsidy applies to Singaporeans & SPRs aged 50 & above. Eligible for SkillsFuture Credit

(1) Basics of Elder Caregiving Skills

(2) Basic Eldercare for Care Associates

Learn the basic knowledge and skills to deliver proper care for elderly at home or in the community

Dementia II: Care & Support

Understanding dementia, its signs & symptoms and communication techniques to care & support persons with dementia

Medical Escort Concierge Training

Learn the skills of a Medical Escort to accompany people (frail & elderly) who need assistance to go for their medical appointments

Training for Befrienders

Learn befriending skills to communicate and engage elderly in the community

To register:  
**CLICK HERE**

<https://cfs.org.sg/courses-course-overview/>

For enquiries – contact us:

 [admin@cfs.org.sg](mailto:admin@cfs.org.sg)

 **64785015**