

# Stay Active, Stay Engaged! Be a Sport Volunteer!

Team Nila is the national movement for Sport Volunteerism and we have a new volunteering scheme, known as the Team Nila Silver Champions, specially curated for seniors aged 60 years old and above.

Join us for a 30 mins introduction session to find out how we make volunteering easy, fun and meaningful for you!

## Information Session

**Wednesdays, 8.00pm to 8.30pm**

**Register now via [go.gov.sg/tnsc-intro](https://go.gov.sg/tnsc-intro)**

