

# Introduction to Chinese Medicine

(online course conducted in English)

Understand the key concepts and principles of ancient Chinese health preservation and healing methods

## Topics include:

- Principles and applications of *Yin-Yang*
- Concepts and applications of *Qi* and blood
- Vital organs and their functions
- The root causes of illness and poor health and how to treat them
- Common herbs and acupuncture points

## Lecturers:

Karen Wee BSc, BMed

Soh Shan Bin Bin BSc, BMED, MMed

\*All instructors are graduates of the Beijing University of Chinese Medicine (北京中医药大学) and licensed physicians at the Renhai Clinic.

**9:30 to 11:30AM, Saturday morning**

**29 Oct to 3 Dec 2022 (6 sessions)**

**Course fees: \$ 280 (NSA subsidised fee \$56)**

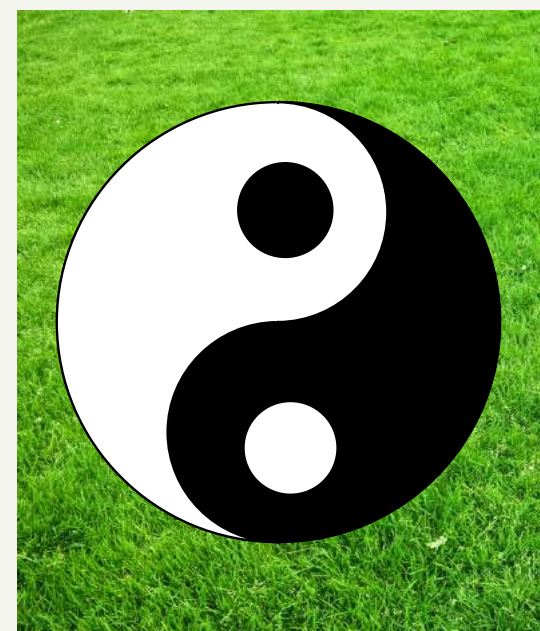
**SkillsFuture credits eligible**

**Livestream on zoom**

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