

# NTUC Eldercare aims to lighten elderly load

NTUC Eldercare is gratified that most National Family Council survey respondents in Sunday's report ("Filial piety, family valued here: Survey") preferred their parents to live with them.

But with longer-living seniors and smaller families, the desire to age in the comfort and familiarity of home poses challenges.

Often, the elderly may have multiple chronic medical conditions or difficulty in mobility and need regular help and attention in daily activities.

An untrained, informal caregiver may find it challenging physically, mentally and emotionally to care for their elderly parents. They can seek professional help.

NTUC Eldercare provides affordable, quality day care services and activities for senior citizens.

Our Silver Circle day care helps the elderly take part in meaningful activities during the day with their friends and return home in the evening to their families.

Together with our professional services that promote ageing, like hourly-based home care services and caregivers' training and support programme, NTUC Eldercare hopes to lighten the load and anxiety of children in looking after their elderly parents so that family bonds can be strengthened among Singaporean families.

**Lim Sia Hoe (Ms)**  
**General Manager**  
**NTUC Eldercare**